

## Discovery: Effects of steroids

*by Bob Kast*

Anabolic steroids are drugs that help build muscle tissue and increase body mass, along with enhancing athletic performance. Using anabolic steroids not only is illegal, but it can cause serious health problems: acne, baldness, deep voice, headaches and nosebleeds, increase in men's breast size, increased blood pressure

*Discovery: Effects of steroids by Bob Kast*