

In Fashion: Red carpet ready

by Sharon_Mosley

Whether you're just watching the Oscars or making a grand entrance at your own party, dressing for a special evening can be intimidating, even for the actors and actresses on the big screen. And with the Academy Awards almost here, no one knows the qualms felt by the most famous of celebrities when they walk down that red carpet more than Lisa Rinna, TV Guide Network host.

Lisa Rinna, TV Guide Network host, interviews America Ferrera at the 15th Annual Screen Actors Guild Awards. Photo courtesy of TV Guide Network. Rinna knows that the stars will be dressed by some of fashion's biggest names. It's their night to shine, too. "I expect to see stars dressed in Oscar de la Renta, Carolina Herrera, Armani Prive and Versace among others," she says.

Rinna is also looking forward to seeing specially made dresses just for the celebrities. "This is the Oscars," she says. "Designers will create their own particular looks for celebrities to show off to the world."

And the TV host anticipates observing all the latest trends straight from the fashion runways. "Fall designs are debuting in New York right now during Fashion Week and will surely turn up at the Academy Awards."

Rinna recently shared some of the good, the bad and the downright funny lessons she's learned when interviewing the movie stars.

Here are Rinna's top things NOT to do (or wear) on the red carpet:

â€” Do not forget to wear comfortable shoes ... or at least have them handy for right after the show.

â€” Do not chew gum during interviews. No one sounds articulate when they're chomping away.

â€” Do not swear on the air. The only "F word" that's appropriate for the red carpet is fabulous!

â€” Do not make a designer a promise you can't keep. Better to keep them guessing than to design and ditch.

â€” Do not overmedicate before going on the red carpet ... and I use the word "medicate" liberally. Red eyes and slurred speech never go over well.

â€” Do not forget to dress appropriately for the award show you are attending. Leopard print for the Grammys? Fine. For the Oscars? Not so much.

â€” Do not underestimate your inner fan. I met Brad Pitt and Angelina Jolie on the red carpet and was star struck. I couldn't find my words!

â€” Do not congratulate celebrities on their nominations when they're not nominated. I've done it; it just gets awkward from there.

â€” Do not dress for anyone but yourself, including your spouse. You have to feel amazing on the red carpet, and you're the one that has to live with the photo evidence afterward.

â€” Do not drink ANYTHING for three hours before the show. It's very hard to interview someone when you have to go to the bathroom.

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