Home Zone: Say goodbye to sticky rice

by Maggie_Reed

Although it seems simple, cooking rice can sometimes be a daunting task. But not with the Induction Heating (IH) System Rice Cooker & Warmer from Zojirushi.

With the Induction Heating System Rice Cooker & Warmer from Zojirushi, you get perfect rice every time. Photo courtesy of Zojirushi. You can have home-cooking on the go with Bento Lunch Jars. Photo courtesy of Zojirushi. With induction heating, the cooking surface is heated instantly and completely with no warm-up period needed. This feature reduces cooking time, which provides a consistent, regulated temperature throughout the entire cooking surface.

One of the unit's most useful characteristics is found in the variety of settings that provide specific cooking temperatures for different types of rice, including white, brown, mixed, sweet and others.

For example, it can "activate" brown rice by placing it on the GABA brown setting. The programmed temperature of 104 degrees Fahrenheit for two hours increases GABA (gamma-aminobutyric acid), one of the key amino acids in brown rice, by 150 percent over nonactivated rice.

The new IH System Rice Cooker & Warmer is equipped with a wide range of features that ensure you get perfect rice every time, including:

â€” Superior induction heating technology

â€” Healthy cooking options for brown rice, GABA brown rice and germinated brown rice

â€” Multimenu cooking functions for white rice (regular, softer or harder), mixed rice, sushi rice, porridge, sweet rice and quick cooking

â€” Easy-to-clean, clear-coated stainless steel exterior

â€” Thick, black spherical inner cooking pan

â€” Detachable and washable inner lid

â€” Easy to read LCD control panel for clock and timer functions

â€” Interchangeable melody and beep signal

â€” Delay timer (2 settings)

â€” Automatic keep warm and extended keep warm

â€” Accessories like spatula, spatula holder and rice measuring cup

The Rice Cooker & Warmer is available in 5.5- or 10-cup capacity models. Retail price is around $280.

For more information, call 800-733-6270 or visit www.zojirushi.com.

ON THE GO

Enjoy home-cooking on the road with Zojirushi's Bento Lunch Jars. These portable jars can retain the food's temperature, hot or cold, for up to six hours. They also come in a variety of sizes and designs, including:

â€” Mini Bento: The smallest in the collection contains one vacuum insulated stainless steel lunch jar, two microwaveable side bowls, an insulated tote and chopsticks with holder. Retail price is $52.

â€” Ms. Bento: This version holds up to 23 ounces and comes with two microwaveable inner bowls, chopsticks and a tote bag. It retails for $52.

â€” Mr. Bento: Holding up to 41 ounces, this product comes with four microwaveable inner bowls (including a soup bowl), a washable, vacuum insulated outer container, a forked spoon and a drawstring tote. Retail price is $64.

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