

Humane Society offers free massage class for senior dogs

by Bend Weekly News Sources

Cold temperatures can be hard on senior and arthritic dogs, and the Humane Society of Central Oregon is offering free massage classes so pet owners can help ease their animals' winter aches and pains. Due to the overwhelming success and popular demand of classes offered previously, space is limited. The classes are scheduled from 10 a.m. to 11 a.m. on the last Saturday of the month in January, February and March.

Martina Muller, M.Ed of Kindred Spirit Massage will teach simple stretches and massage strokes that will help loosen stiff joints and strengthen the pet's immune system. The simple routines are designed to be done while relaxing with your dog.

Kristine Parker and Kiowa, her 12 year old German Shepherd, learned wonderful techniques in December's class that she continues to use twice a week to help ease Kiowa's arthritis. "The individual time addressing each dog's specific issues was very valuable," said Parker.

The free classes are scheduled Saturdays from 10 a.m. to 11 a.m. on January 27, February 24 and March 31. They will be held in the community room of the Humane Society of Central Oregon, which is located at 61170 SE 27th Street in Bend, just south of Reed Market Road.

The classes are offered at no charge, but donations are graciously accepted. To register, please phone 382.3537.

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