FYI Travel: Children stay free in Caribbean paradise

by Amy Winter

Bask in the heat of the Caribbean this summer. The Wyndham Sugar Bay Resort and Spa is offering a red-hot savings package for families to experience the ultimate summer escape to paradise.

Parents can take their children under the age of 12 and not pay a penny extra. Through December 2007, kids under 12 stay, eat and play for free. If families book reservations before March 31, they can receive 25 percent off room rates, which start at $115 per night. Three nights are required per stay, and a maximum of one child per adult gets in free.

Located on the island of St. Thomas, the resort sits on a cliff and has a secluded beach. On 31 acres of tropical land, its 300 guest rooms and suites provide scenic views of Smith Bay.

SUGAR SWEET - Nestled on the sun-drenched island of St. Thomas, the 300-room Wyndham Sugar Bay Resort and Spa sits on 31 acres overlooking scenic Smith Bay. CNS Photo.

CARIBBEAN FAMILY FUN - The Wyndham Sugar Bay Resort and Spa offers sailing trips to the nearby Virgin Islands, snorkeling, diving, windsurfing, mini-golf, a basketball court and six tennis courts. You can add calypso music and lively entertainment to top off your family fun. CNS Photo.

Its private beach provides many activities to keep families entertained. Guests can sunbathe and soak in the rays or participate in water sports during the day. For those active guests, the resort offers sailing trips to the nearby Virgin Islands, snorkeling, diving, windsurfing, mini-golf, a basketball court and six tennis courts. Calypso music and fire-eating create lively entertainment at night.

Parents can have time to themselves when their children venture over to the Grotto Grove Kids Klub. Activities for kids age 4 to 12 occur each day from 10 a.m. to 4 p.m. No parents are allowed as youngsters build Popsicle stick boats, or go on snorkeling excursions

FYI: For more information or to make a reservation call 800-WYNDHAM or visit the Web site at www.wyndham.com.

FLORIDA FUN

Hop over to Florida this year for Easter. The Rosen Shingle Creek resort is offering an Easter Symphony package. From April 1-8, guests can enjoy accommodations as well as other perks when purchasing this deal. Rates begin at $169 per night for double occupancy.

The package includes a breakfast buffet for two adults at the Cafe Osceola, 25 percent off the Easter Sunday brunch, a 25 percent discount at the Spa, 25 percent off when playing golf at the Shingle Creek Golf Club and discount tickets to SeaWorld and Universal Orlando.

On Easter weekend, the resort offers Easter-themed events for the whole family. Friday and Saturday includes entertainment at the family pool. Easter Sunday begins with a sunrise service on the golf course. Following a continental breakfast, guests can participate in the egg hunt and meet the Easter Bunny. An Easter brunch will be served in the afternoon with the entertainment of the Easter Symphony. The day ends with an Italian dinner at the resort's Cala Bella.

Located on Shingle Creek, the resort is on the headwaters to the Florida Everglades. Guests have access to the golf club, the spa, a fitness center, four swimming pools, two tennis courts, and fishing and nature trails.

FYI: To learn more about this package, call 866-996-9939 or visit www.rosenshinglecreek.com.

MALE PAMPERING

Spa days are not just for women anymore. The Spa at the Island Hotel is offering different treatments specifically for men.

The Gentleman's message includes a blending of kneading and acupuncture, which relieves tension from tissues. The Gentleman's Face Therapy package includes a facial and a message of the facial muscles. The facial helps to eliminate skin irritation caused by shaving and outdoor activities. Men can sit back and enjoy each of these 60-minute packages for $140 apiece.

For the active men, these two packages not only make them feel more relaxed but look more professional as well. Men receive a 30-minute hand treatment and hand massage with the Sports Manicure package for $65. For those always on the go, the Travel Recovery Message can help men relax and unwind. It includes a massage with soothing oils. For $185, men will feel renewed by this 60-minute session.

Located in Newport Beach, Calif., the hotel has views of the nearby islands of Balboa, Lido and Catalina. The beach and Newport Harbor are just minutes away. The Spa facility has nine treatment rooms, each supplied with linens, pillows and heated blankets.

FYI: To make an appointment, call 949-760-4992 or visit the hotel Web site at www.theislandhotel.com.

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