

## Behind the Scenes at a Radio Station

*by Bend Weekly News Sources*

### Local Humorist Shares Antics of Oregon DJs

Loyal listener Lynette K.G. Sheffield shares the antics of the disc jockeys at KTWS, 98.3, in her book, *They Still Drop Turkeys at KTWS in Bend, Oregon: My Life as a Twinster* (now available through AuthorHouse).

The DJs for the radio station known as "The Twins" affectionately call their loyal listeners, "Twinsters." As a "Twinster" for years, Sheffield befriended the DJs and witnessed many of the stunts and practical jokes perpetrated on the listeners and fellow DJs at the station. *They Still Drop Turkeys at KTWS in Bend, Oregon*, is a humorous recounting of these antics.

As a wife and mother of two, Sheffield also shares her hilarious stories of motherhood and family life. From the wonders of pregnancy to the joys of raising teenage children, nothing escapes Sheffield's razor wit and sarcasm. These true stories will provide hours of entertainment for fellow housewives and the people who love them.

Sheffield highlights the humorous aspects of life and provides an honest depiction of family life in this amusing collection of stories. Aptly titled for the station's yearly tradition of dropping paper turkeys over the community every Thanksgiving in an effort to recreate the stunt in "WGRP in Cincinnati," *They Still Drop Turkeys at KTWS in Bend, Oregon* isn't about a radio station; it's about finding the humor in every situation in life and exploiting it for the purposes of entertainment.

Sheffield lives in Bend, Oregon, where she participates in the many antics of the Twins. Born in San Diego, she says she ended up living in Bend because "her husband refused to stop and ask for directions." She has written online humor columns since 2002. The mother of two teenagers, Sheffield says she "desperately needs your prayers and chocolate." *They Still Drop Turkeys at KTWS in Bend, Oregon* is her first book. More information is available at [www.stilldropturkeys.com](http://www.stilldropturkeys.com) as well as Sheffield's personal Web site, [www.lynetteisfunny.com](http://www.lynetteisfunny.com).