

Professional Golf Tips: Left hand drill

by Tina_Mickelson

Left hand drill: Many players come over the top as they start their downswing. Even though they are aware of their mistake, it can be very difficult to incorporate the correct move as the downswing is initiated. I have found the following drill to be extremely helpful with showing my students what it feels like to have the grip end of the club lead the swing (something that is impossible if you are coming over the top).

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